



BURGERS

All burgers served with skin on fries

£1 upgrade: triple cooked chips, sweet potato fries

£2.50 upgrade: halloumi fries, parmesan & rosemary fries

£2.50 upgrade: add a beef patty

BEEF

Jam Burger ● ● ————— £10.50

4 oz beef burger, American cheese, maple bacon, sweet maple jam, house burger sauce lettuce and tomato

El Pablo ● ● ————— £11.50

Spiced 4 oz beef burger, mozzarella, salsa, sour cream, guacamole, jalapeños and tortilla chips

Return of the Mac ————— £12.50

4 oz beef patty, chorizo, macaroni and cheese, franks hot sauce, garlic mayo and salad

Galway Girl ● ————— £13.00

Double beef patty, Guinness cheese sauce, crispy 'tobacco' onions, garlic mayo and lettuce

Fat Max 2.0 ● ————— £13.50

Double 4 oz beef patty, blue cheese, double bacon, pico de gallo, Frank's hot sauce, blue cheese mayo

CHICKEN

Castro Giovanni ● ————— £10.50

Breaded chicken fillet, mozzarella, prosciutto, pesto mayo, garlic mayo and rocket

California Dreamin ● ● ————— £11.50

Pan seared chicken fillet, prosciutto, avocado, red onion, lettuce, tomato, black pepper mayo

Fire Cracker ● ————— £11.50

Crispy chicken fillet, sriracha slaw, chilli and jalapeno dressing and salad

VEGGIE

Casablanca v ● ● ————— £10.00

Spiced falafel burger, roasted peppers, red onion, spinach, and mint yogurt dressing

Halloumi Burger v ● ● ————— £10.50

Grilled halloumi cheese, roast pepper and mushroom, sweet chilli jam and pickled red onion

On Bak ve ● ● ————— £11.00

Massaman spiced bhaji patty, Thai carrot slaw and green curry sauce

PUB GRUB

Rump Steak ● ● ————— £16.00

8 oz rump steak served with fries, confit cherry vine tomato and salad

Surf & Turf upgrade for £3

Add peppercorn sauce or Galway sauce for £2

Rib Eye Steak ● ● ————— £18.00

8 oz rib eye steak served with fries, confit cherry vine tomato and salad

Surf & Turf upgrade for £3

Add peppercorn sauce or Galway sauce for £2

Steak Sandwich ● ————— £15.50

Steak cooked your way served with fries and salad. Choose from:

Cheese sauce and peppers

Peppercorn sauce and onions

Galway sauce and mushrooms

Chicken Parm ————— £12.50

Deep fried breaded chicken, Italian marinara sauce, fries and side salad

Pie of the Month ————— £11.00

Served with baby potatoes, peas and gravy

Three Bean Chilli ve ● ● ————— £10.50

Slow cooked three bean chilli, lime and coriander rice, tortilla chips

Beef chilli add £3

Fish & Chips ● ————— £14.00

Beer battered cod, skin on fries, mushy peas and tartar sauce

Moules Frites ● ————— £12.50

North Sea mussels in white wine cream sauce, fries and bread

Salmon Fillet ● ————— £15.00

Pan fried salmon, tenderstem broccoli, baby potatoes in a prosecco cream sauce and red current jelly

SALADS

Club Salad ● ————— £10.00

Grilled salt and pepper chicken, bacon, croutons, tomato, red onion, baby gem lettuce and creamy mustard dressing

Chimichurri Steak ● ————— £13.00

6oz of chimichurri glazed steak with mixed leaf lettuce, radish, sun dried tomato and pomegranate seeds

Tofu and Olive ve ● ● ————— £10.00

Spiced tofu salad with olive, vegan feta, red onion, cucumber, baby tomato, sweetcorn and a sweet mustard dressing

ASK YOUR SERVER ABOUT OUR CURRENT SPECIALS



SNACKS

STARTERS AND SHARERS

Nachos v ● £7.50

Corn tortilla chips topped with cheese, salsa, guacamole, and jalapeños
£3 upgrade: add beef chilli or vegan three bean chilli

Mac and Cheese v £5.00

Torched mac and cheese pot
£2 upgrade: add chorizo or bacon

Chicken Wings ● £5.50/£11.00

Available as a starter (4 wings) or main (7 wings and fries)
Choice of three flavours.

Buffalo hot sauce with blue cheese mayo
Asian salt and pepper with green curry dressing
Sticky BBQ with house slaw

Buttermilk Chicken ● £5.00

Fried buttermilk chicken with a choice of Frank's hot sauce, chipotle mayo or harrisa mayo

Tempura Prawns ● £7.50

Fried Tempura prawns served with sweet chilli sauce

Hummus and Pitta v £6.50

Toasted pitta bread, pickled onion, pumpkin seeds with a choice of homemade beetroot, red pepper or classic hummus

Camembert Sharer v ● £14.00

Whole baked camembert with truffle oil, rosemary, onion chutney served with tomato foccacia

LOADED FRIES

Filthy Fries £6.00

Fries topped with bacon, cheese, sour cream

Spicy Fries £7.00

Fries topped with chorizo, parmesan, jalapeños and Frank's hot sauce

Stinky Fries £7.00

Fries topped with bacon, blue cheese and harrisa mayo

Vegan Fries ve ● £5.00

Fries topped vegan cheese, pico de gallo and vegan sriracha mayo

DESSERTS

House Brownie v £6.50

Homemade house brownie. Ask your server for what's on today

Eton Mess v £6.50

Crushed meringue, seasonal fruit and cream

Ice cream Sundae v £5.00

Rotating ice cream flavours, red berry compote, chocolate sauce and wafer

SIDES

Fries £3.00

Sweet Potato Fries £3.50

Triple Cooked Chips £4.00

Parmesan and Rosemary Fries £4.50

Halloumi Fries £4.50

Onion Rings £3.50

Garden Salad £2.50

SAUCES

Sauces £0.50 or 3 for £1.00

Garlic mayo, Harissa mayo, Blue Cheese mayo
Tomato jam, Frank's hot sauce, Salsa

Peppercorn Sauce £2.50

Galway Cheese Sauce £2.50

White Wine Cream Sauce £2.50

**DON'T FORGET TO CHECK
OUT OUR DAILY OFFERS!**

@jamjarjesmond

on Facebook and Instagram
for all Jam Jar news, competitions and more!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY & SATURDAY	SUNDAY
Martini Monday  £5 martini cocktails	2-4-Tues  2-4-1 on all mains	Why eye Wednesday  Burger night 2 burgers £16	Thirsty Thursday  £3.5 house doubles 4 shots £10	Bottomless Brunch  Bottomless Brunch (advanced booking required) DJs from 8pm	Sunday Funday  Student and industry discounts